

"Riding the Road to Recovery"
Mind Matters Motorcycle Run
Sunday, October 3, 2010



The Mental Health Association in Suffolk County, Inc.
199 No. Wellwood Avenue
Lindenhurst, NY 11795



Dear Friends and Supporters:

It is with great pleasure that I welcome you to view our *Virtual Journal*. I wish to thank our advertisers for their continued support and commitment to the Association and to those whom we serve.

The journal accompanies our "Riding the Road to Recovery" Mind Matters Motorcycle Run on Sunday, October 3, 2010. We are thrilled to have an opportunity to host this event. The Motorcycle Run, promises to be packed with fun for the riders and the families and friends who will be joining us at the end site. It helps us to raise funds so that we can continue to meet the mental health needs in our community and allows us to raise awareness about our organization and the services that are available.

I would like to offer my sincere appreciation to all of the riders and to those of you who are joining us at the end-site to dance, listen music, enjoy great food and learn more about available prevention services and resources. A special thank you is offered to the Rich and his team at Riders for a Cure for helping to make this ride happen. To everyone who has supported this event through advertising, attending or volunteering; thank you. Through your support you've helped make a difference. You are helping us to sustain individuals, families and the larger community through our educational and supportive programs. Please accept my deepest thanks on behalf of the entire organization.

Sincerely,

Colleen Merlo

Colleen Merlo, LMSW
Executive Director

The Mental Health Association in Suffolk County, Inc.

The Mental Health Association is a not-for-profit organization dedicated to promoting mental wellness by means of support services , education and advocacy .

Our programs include:

- ◆Referral and Information
- ◆Support Groups
- ◆Consumer Training
- ◆Education
- ◆Anger Management
- ◆Advocacy
- ◆Anti-Stigma Campaign
- ◆Volunteer Services
- ◆Professional Services
- ◆The Voice Newsletter

If you know someone who is having difficulty coping, help is available. Our professional staff can provide support and information.

Call 631-226-3900

Riding the Road to Recovery is brought to you by:



The Mental Health Association
in Suffolk County, Inc.



In association with:





The Mental Health Association
in Suffolk County, Inc.

Wishes to Thank our Event Sponsors

Jacket Sponsor

South Oaks Hospital

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Clubhouse of Suffolk

Lomax Institute

Kristie Golden

Patch Sponsor

Summit Security Services, Inc.



Federation of Organizations

**Administrative Offices:
One Farmingdale Road/Route 109
West Babylon, New York 11704
(631) 669-5355**

www.fedoforg.org

Federation provides the following services:

*Assertive Community Treatment Team
Case Management Services
Day & Evening Recreation Centers
Enriched Adult Home Services
Financial Management
Foster Grandparent Program
Homeless Services
Mental Health Respite Services
Personal Recovery Oriented Services (PROS)
Psychiatric Clinic at Brooklyn Adult Care Center
Residential Services
Retired and Senior Volunteer Program
Senior Companion Program
Suffolk County Respite Program
Vocational Services/Affirmative Business*

***Babylon Community Center • One Farmingdale Road • West Babylon, NY 11704
Patchogue Community Center • 456 Waverly Avenue • Patchogue, NY 11772
New York City Office • 105-01 101st Avenue • Ozone Park, NY 11417
Queens Vocational Services Office • 79-25 Winchester Blvd. • Queens Village, NY 11427***

With Sincere Appreciation & Thanks to
Executive Director, Colleen Merlo
& all the staff at
The Mental Health Association
in Suffolk County, Inc.

for their hard work
and dedication towards
improving the mental wellness
of our community.

George G. Fairey, MD

Options
for Community Living, Inc.



Opening doors for Long Islanders since 1982!

*The Mental Health Association of Suffolk County
With grateful appreciation!*

For more information about Options' CARF certified mental health and permanent housing programs or HIV/AIDS programs call 631-361-9020 or visit www.optionscl.org.



Options for Community Living, Inc.
202 East Main St.
Smithtown, NY 11787

Re-Opening This Winter!

Options Thrift Shop
392 Hawkins Ave.
Lake Ronkonkoma, NY



**The theatrical program,
Stories of Substance
is funded through a grant from the**



**Thank you for the opportunity
to provide public education
and prevention services
through the arts.**

HAPPY
BIRTHDAY
SAL!





Of Central Suffolk
 PO Box 447
 Moriches, NY 11955-0447

Offering Advocacy, Support
 and Education for Individuals
 Affected by Mental Illness



Contact:
 Ellen Tollefsen (631) 728-3082
 Deborah Mayo (631) 675-6831



You are NOT Alone

PHONE: (631) 724-6737
 FAX: (631) 265-4646

NORMAN J. KANTER, PH.D.
 CLINICAL PSYCHOLOGIST

OFFICE HOURS
 BY APPOINTMENT

199 E. MAIN ST., STE. 1
 SMITHTOWN, NY 11787



**Summit Security is proud to support
 The Mental Health Association
 in Suffolk County, Inc.**

**The Law Office Of
 Kenneth S. Magida**

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 www.magidalaw.com


South Oaks



Proudly Supports

The Mental Health Association in Suffolk, Inc.

“Riding the Road to Recovery”

Mind Matters Bike Run



400 Sunrise Highway, Amityville, NY 11701
 631-264-4000 / www.south-oaks.org



"Dignified Programs of Psychiatric Rehabilitation"

Clubhouse of Suffolk

939 Johnson Ave., PO Box 373

Ronkonkoma, NY 11779

tel: 631.471.7242, fax: 631.471.5150

Lomax Institute

1227 Main Street, Suites 202 & 203
Port Jefferson, NY 11777

George G. Fahey, M.D.

Diplomate of the American Board of Psychiatry and Neurology

Phone: (631) 689-5155

Fax: (631) 689-3993

By Appointment Only

The Board of Directors wishes
to congratulate the MHA staff
for their hard work
in making this first annual
Riding the Road to Recovery
event a success.

Thank you for the wonderful work
that you do.

*Mental Health Association Support Groups
Free and Open to the Public*

Relatives and Friends of the Mentally Ill

Smithtown	Thursday at 7 p.m.
Huntington	Tuesday at 7 p.m.
Riverhead	Tuesday at 7 p.m.

Obsessive-Compulsive Disorder

Lindenhurst Monday at 7:30 p.m. - (1st & 3rd Monday)

Mood Disorder

Smithtown	Thursday at 6:30 p.m.
Selden	<i>Friday at 6:30 p.m.</i>

Anxiety and Panic Disorder Group

Lindenhurst Tuesday at 4:30 p.m.

Parents of Teens & Adolescents

Lindenhurst Tuesday at 7:00 p.m.

Post Traumatic Stress Disorder

Riverhead Monday at 5:30

For more information or to register for Groups
call the MHA at 631-226-3900.

THANK YOU
TO ALL OUR SUPPORTERS
AND VOLUNTEERS
THAT HELPED
MAKE THIS EVENT
A SUCCESS!